

BREAKFAST

2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1 Oatmeal Wheat Toast peach yogurt Fresh cantaloupe Grape Jelly apple juice milk variety</p> <p>NEW YEAR</p>	<p>2 Mini-Spooners rasberry yogurt Fresh honeydew grape juice milk variety</p>	<p>3 whole wg biscuits Country gravy Turkey sausage patty Fresh orange orange juice milk variety</p>	<p>4 Egg/Ham/Cheese whole wheat bagel Potato tater triangle Fruit ,Medley Salsa apple juice milk variety</p>	<p>5 Oatmeal Wheat Toast peach yogurt Fresh cantaloupe Grape Jelly grape juice milk variety</p>
<p>6 Scrambled Eggs Wheat Toast Fresh orange Grape Jelly orange juice milk variety</p>	<p>7 Cinnamon french wheat toast Turkey sausage patty Fresh apple slices Syrup apple juice milk variety</p>	<p>8 Oatmeal Wheat Toast rasberry yogurt Fresh cantaloupe Grape Jelly grape juice milk variety</p>	<p>9 Mini-Spooners Fresh honeydew rasberry yogurt orange juice milk variety</p>	<p>10 Whole grain pancakes Turkey sausage patty Fresh orange Syrup apple juice milk variety</p>	<p>11 whole wheat egg cheese,ham burrito Fruit ,Medley Salsa grape juice milk variety</p>	<p>12 Oatmeal Wheat Toast peach yogurt Fresh cantaloupe Grape Jelly orange juice milk variety</p>
<p>13 Scrambled Eggs Wheat Toast Fresh orange Grape Jelly apple juice milk variety</p>	<p>14 Cinnamon french wheat toast Turkey sausage patty Fresh apple slices Syrup grape juice milk variety</p>	<p>15 Oatmeal Wheat Toast rasberry yogurt Fresh cantaloupe Grape Jelly orange juice milk variety</p>	<p>16 Mini-Spooners Fresh honeydew rasberry yogurt grape juice milk variety</p>	<p>17 whole wg biscuits Country gravy Turkey sausage patty Fresh orange apple juice milk variety</p>	<p>18 Egg/Ham/Cheese whole wheat bagel Potato tater triangle Fruit ,Medley Salsa orange juice milk variety</p>	<p>19 Oatmeal Wheat Toast peach yogurt Fresh cantaloupe Grape Jelly grape juice milk variety</p>
<p>20 Scrambled Eggs Wheat Toast Fresh orange Grape Jelly apple juice milk variety</p>	<p>21 Cinnamon french wheat toast Turkey sausage patty Fresh apple slices Syrup grape juice milk variety</p>	<p>22 Oatmeal Wheat Toast peach yogurt Grape Jelly Fresh cantaloupe orange juice milk variety</p>	<p>23 Mini-Spooners Fresh honeydew rasberry yogurt apple juice milk variety</p>	<p>24 Whole grain pancakes Turkey sausage patty Fresh orange Syrup grape juice milk variety</p>	<p>25 whole wheat egg cheese,ham burrito Fruit , Medley Salsa orange juice milk variety</p>	<p>26 Oatmeal Wheat Toast rasberry yogurt Grape Jelly Fresh cantaloupe. apple juice milk variety</p>
<p>27 Scrambled Eggs Wheat Toast Fresh orange Grape Jelly grape juice milk variety</p>	<p>28 Cinnamon french wheat toast Turkey sausage patty Fresh apple slices Syrup orange juice milk variety</p>	<p>29 Oatmeal Wheat Toast peach yogurt Fresh cantaloupe Grape Jelly apple juice milk variety</p>	<p>30 Mini-Spooners rasberry yogurt Fresh honeydew grape juice milk variety</p>	<p>31 whole wg biscuits Country gravy Turkey sausage patty Fresh orange orange juice milk variety</p>		<p>This institution is an equal opportunity provider.</p>

AM SNACK

2019



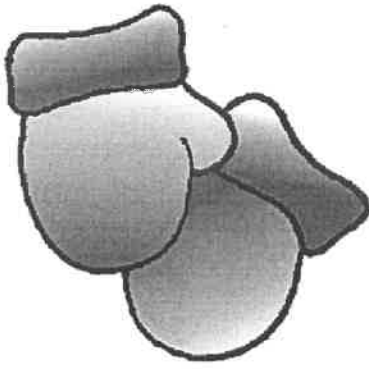
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Carrot Cake / pineapple NEW YEAR	2 Apple Cinnamon Cake	3 Blueberry granda bar	4 banana	5 Coffee Cake/ Apple
6 Abracadabra Bar	7 Blueberry&banana snack bread	8 Carrot Cake / pineapple	9 Apple Cinnamon Cake	10 Blueberry granda bar	11 Coffee Cake/ Peach	12 Coffee Cake/ Apple
13 Abracadabra Bar	14 Blueberry&banana snack bread	15 Carrot Cake / pineapple	16 Apple Cinnamon Cake	17 Blueberry granda bar	18 banana	19 Coffee Cake/ Apple
20 Abracadabra Bar	21 Blueberry&banana snack bread	22 Carrot Cake / pineapple	23 Apple Cinnamon Cake	24 Blueberry granda bar	25 Coffee Cake/ Peach	26 Coffee Cake/ Apple
27 Abracadabra Bar	28 Blueberry&banana snack bread	29 Carrot Cake / pineapple	30 Apple Cinnamon Cake	31 Blueberry granda bar		This institution is an equal opportunity provider.

LUNCH

2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Hamburger wh Sweet potato puffs Sand. Toppings Country Blend Salad,toss french Fresh grapes Ketchup Mustard orange juice milk variety	2 Pork chile verde Steam Brown Rice Veg. blend Salad,toss Italian Fruit , Medley Wh.Herb bread apple juice milk variety	3 Beef Shepherd pie broccoli/cheese Salad, toss ranch french bread homemade Fresh cantaloupe grape juice milk variety	4 Meatloaf Oven Potatoes Brown Gravy Mixed Vegetables Salad,toss french Fresh Watermelon french bread homemade orange juice milk variety	5 Chicken sandwich Sand. Toppings Spicy sweet potato wedge Seasoned Beans Salad,toss Italian Fresh grapes Mayonnaise apple juice milk variety
		NEW YEAR				
6 Spaghetti sauce Meatballs, pork Steam Green Beans Pineapple Tidbits Salad,toss Italian Wh,Garlic bread grape juice milk variety	7 Cream Chicken Steam Brown Rice Peas & Carrots Wh.Herb bread Salad,toss french Fresh honeydew orange juice milk variety	8 Idaho, Chili Mac. Country Blend Salad, toss ranch Fresh grapes Wh,Garlic bread apple juice milk variety	Chicken Ques Sweet potato puffs Salad,toss french Fruit , Medley Salsa Sour Cream grape juice milk variety	10 Veggie Lasagna Veg. blend Caesar Salad Fresh cantaloupe Wh,Garlic bread orange juice milk variety	11 Hamburger wh Sweet potato puffs Sand. Toppings Mixed Vegetables Salad, toss ranch Fresh Watermelon Mustard Ketchup apple juice milk variety	12 Fish Sticks Potato cheese wedge Seasoned beans Salad,toss Italian Fresh grapes Wh.Herb bread Tartar Sauce Ketchup apple juice
13 Italian Goulash Carrot Coins Caesar Salad Pineapple Tidbits Wh,Garlic bread orange juice milk variety	14 Salisbury steak Mashed Potatoes Brown Gravy Peas & Carrots Salad,toss Italian Fresh honeydew french bread homemade apple juice milk variety	15 Beef Shepherd pie broccoli/cheese Salad,toss french Fresh grapes WH french bread grape juice milk variety	16 Chicken sandwich Sweet potato puffs Seasoned beans Salad,toss french Fruit , Medley apple juice milk variety	17 Idaho, Chili Mac. Veg. blend Salad,toss Italian Fresh cantaloupe Wh,Garlic bread orange juice milk variety	18 Roast Turkey Mashed Potatoes Turkey Gravy Salad,toss french Fresh Watermelon WH french bread grape juice milk variety	19 Country fried patty Mashed Potatoes Country gravy Country Blend Cheese stick Salad,toss french Fresh grapes Wh.Herb bread apple juice milk variety
20 Cream Chicken Steam Brown Rice Peas & Carrots Wh.Herb bread Salad, toss ranch Pineapple Tidbits orange juice milk variety	21 Spaghetti sauce Meatballs, pork Noodles, Spag wh Veg. blend Salad,toss Italian Fresh honeydew Wh,Garlic bread apple juice milk variety	22 Chicken Ques Sweet potato puffs Fresh grapes Salad,toss french Salsa Sour Cream grape juice milk variety	23 Lasagna w/Meat Veg. blend Caesar Salad Fruit , Medley Wh,Garlic bread orange juice milk variety	24 Pork chile verde Steam Brown Rice Carrot Coins Salad, toss ranch Fresh cantaloupe Wh.Herb bread apple juice milk variety	25 Fish Sticks Potato cheese wedge Seasoned beans Salad,toss Italian Fresh Watermelon Wh.Herb bread Tartar Sauce Ketchup grape juice milk variety	26 Hamburger wh Sand. Toppings Sweet potato puffs Country Blend Salad,toss french Fresh grapes Ketchup Mustard orange juice milk variety
27 Salisbury steak Mashed Potatoes Brown Gravy Peas & Carrots Salad, toss ranch Pineapple Tidbits french bread homemade apple juice milk variety	28 Spaghetti Tom.Veg. Sauce Noodles, Spag wh Carrot Coins Salad,toss Italian Fresh honeydew Cheese stick Wh,Garlic bread grape juice milk variety	29 Hamburger wh Sweet potato puffs Sand. Toppings Country Blend Salad,toss french Fresh grapes Ketchup Mustard orange juice milk variety	30 Pork chile verde Steam Brown Rice Veg. blend Salad,toss Italian Fruit , Medley Wh.Herb bread apple juice milk variety	31 Beef Shepherd pie broccoli/cheese Salad, toss ranch french bread homemade Fresh cantaloupe grape juice milk variety		This institution is an equal opportunity provider.



DINNER

2019

January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Soft taco Refried, Beans Apples&pears Sour Cream Salsa Sunshine cake Milk Low Fat NEW YEAR	2 Grilled Cheese Sand. Vegetable Soup Crackers Salad,toss Italian Peaches Milk Low Fat	3 Chicken, nuggets tyson Mac & Cheese Green Beans Salad,toss french Pineapple Tidbits Ranch Dressing Milk Low Fat	4 Nacho Potato w/beef Salad, toss ranch Sour Cream Salsa Vanilla bean ice cream Milk Low Fat	5 Tuna Fish Sandwich Chicken noodle soup Crackers Salad,toss french Apples&pears Milk Low Fat
6 Fiesta beef soup wheat crackers Hot Dog Chili beans Pasta Salad Pears Mustard Ketchup Milk Low Fat	7 Burritos Steamed Corn, Spanish Spicy brown rice Salsa Sour Cream Oatmeal&raisin cookie Milk Low Fat	8 Pizza Cheese Caesar Salad Mozzarella bread stick Carrot Coins Ranch Dressing Vanilla bean ice cream Milk Low Fat	9 Tuna Fish Sandwich Chicken noodle soup Crackers Salad, toss ranch Peaches Milk Low Fat	10 Sloppy Joe on a Bun Seasoned Wedge Steamed Peas Salad,toss Italian Pineapple Tidbits Ketchup Milk Low Fat	11 White chicken chili Green Beans Salad,toss french Applesauce Homemade Cornbread Honey Butter Milk Low Fat	12 Barbeque Pork on Whole Wheat Bun Seasoned Wedge Pork & Beans Cabbage Salad Apples&pears Ketchup Milk Low Fat
13 Chic'penne Salad,toss Italian Green Beans Breadsticks Wh. Peaches Milk Low Fat	14 Corn dog Nuggets Seasoned Wedge Pork & Beans Salad,toss french cookie oatmeal raisins Mustard Ketchup Milk Low Fat	15 Soft taco Refried, Beans Apples&pears Sour Cream Salsa Sunshine cake Milk Low Fat	16 Pizza Cheese Mozzarella bread stick Caesar Salad Ranch Dressing Carrot Coins Apple honey crisp Milk Low Fat	17 Chicken curry casserole Green Beans Dinner Roll Wh. Salad, toss ranch Margarine Peaches Milk Low Fat Holiday Cookies	18 Nacho Potato w/beef Salad, toss ranch Sour Cream Salsa Vanilla bean ice cream Milk Low Fat	19 Sloppy Joe on a Bun Seasoned Wedge Steamed Peas Salad,toss Italian Ketchup Pears Milk Low Fat
20 Chicken, nuggets tyson Mac & Cheese Steam Broccoli Salad,toss Italian Apples&pears Ranch Dressing Milk Low Fat	21 White chicken chili Steam Green Beans Salad,toss french Homemade Cornbread Peaches Honey Butter Milk Low Fat	22 Barbeque Pork on Whole Wheat Bun Seasoned Wedge Pork & Beans Cabbage Salad Vanilla bean ice cream Holiday Cookies Ketchup Milk Low Fat	23 Chic'penne Green Beans Breadsticks Wh. Salad,toss french Pineapple Tidbits Milk Low Fat	24 Fiesta beef soup wheat crackers Hot Dog Chili beans Pasta Salad Mustard Ketchup Peaches Milk Low Fat	25 Pizza Cheese Caesar Salad Mozzarella bread stick Carrot Coins Ranch Dressing Apple honey crisp Milk Low Fat	26 Burritos Steamed Corn, Spanish Spicy brown rice Salsa Vanilla bean ice cream Sour Cream Milk Low Fat
27 Chicken curry casserole Green Beans Salad,toss french Applesauce Dinner Roll Wh. Margarine Milk Low Fat	28 Corn dog Nuggets Seasoned Wedge Pork & Beans Salad, toss ranch Ketchup Mustard cookie oatmeal raisins Milk Low Fat	29 Soft taco Refried, Beans Apples&pears Sour Cream Salsa Sunshine cake Milk Low Fat	30 Grilled Cheese Sand. Vegetable Soup Crackers Salad,toss Italian Peaches Milk Low Fat	31 Chicken, nuggets tyson Mac & Cheese Green Beans Salad,toss french Pineapple Tidbits Ranch Dressing Milk Low Fat		This institution is an equal opportunity provider.

2019

PM SNACK



JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Blueberry granda bar Cheese stick NEW YEAR	2 soft pretzel chocolate milk fat free	3 Abracadabra Bar Milk Low Fat	4 Honey graham cracker chocolate milk fat free	5 Ham Sandwich Milk Low Fat
6 Coffee Cake/ Peach Milk Low Fat	7 Coffee Cake/ Apple Milk Low Fat	8 Blueberry granda bar Cheese stick	9 soft pretzel chocolate milk fat free	10 Abracadabra Bar Milk Low Fat	11 Honey graham cracker chocolate milk fat free	12 Ham Sandwich Milk Low Fat
13 Coffee Cake/ Peach Milk Low Fat	14 Coffee Cake/ Apple Milk Low Fat	15 Blueberry granda bar Cheese stick	16 soft pretzel chocolate milk fat free	17 Abracadabra Bar Milk Low Fat	18 Honey graham cracker chocolate milk fat free	19 Ham Sandwich Milk Low Fat
20 Coffee Cake/ Peach Milk Low Fat	21 Coffee Cake/ Apple Milk Low Fat	22 Blueberry granda bar Cheese stick	23 soft pretzel chocolate milk fat free	24 Abracadabra Bar Milk Low Fat	25 Honey graham cracker chocolate milk fat free	26 Ham Sandwich Milk Low Fat
27 Coffee Cake/ Peach Milk Low Fat	28 Coffee Cake/ Apple Milk Low Fat	29 Blueberry granda bar Cheese stick	30 soft pretzel chocolate milk fat free	31 Abracadabra Bar Milk Low Fat		This institution is an equal opportunity provider.